

# **The Difference that Makes a Difference**

**After 50 years of research, we know that the more secure children are, the more they are able to**

- ✓ Enjoy more happiness with their parents
- ✓ Feel less anger at their parents
- ✓ Turn to their parents for help when in trouble
- ✓ Solve problems on their own
- ✓ Get along better with friends
- ✓ Have lasting friendships
- ✓ Solve problems with friends
- ✓ Have better relationships with brothers and sisters
- ✓ Have higher self-esteem
- ✓ Know that most problems will have an answer
- ✓ Trust that good things will come their way
- ✓ Trust the people they love
- ✓ Know how to be kind to those around them