

### 1. Welcoming remarks:

- Introduce yourself and welcome everyone
- State Expectations / "Children this age don't sit perfectly still"
- Set guidelines / "If they come within this invisible circle, please come and get them..."
- Explain how it works: "I'm going to say things twice..."

### 2. Rhymes and reads

- Opening Rhymes: a. Old Mother Goose when she wanted to wander  
b. \_\_\_\_\_  
c. \_\_\_\_\_
- Puppet: \_\_\_\_\_
- Book to Read Aloud: \_\_\_\_\_
- Song: (Optional) \_\_\_\_\_

### 3. Body Rhymes:

- Head: \_\_\_\_\_
- Fingers: \_\_\_\_\_
- Body or Hands: \_\_\_\_\_
- Knee bounces: a. \_\_\_\_\_  
b. \_\_\_\_\_  
c. \_\_\_\_\_

### 4. Rum Pum Pum Drum Sequence (Children tap out names with syllables)

5. Stand Up Activities: a. \_\_\_\_\_  
b. \_\_\_\_\_  
c. Handy Spandy

### 6. Animal Sequence:

- a. I went to visit the farm one day (using book illustrations)  
b. When the \_\_\_ gets up in the morning (using puppets)  
c. (Optional rhyme or activity) \_\_\_\_\_

### 7. Musical Instruments and Props:

- Musical instrument: a. We \_\_\_ our \_\_\_ together because it's fun to do.  
b. \_\_\_\_\_  
c. \_\_\_\_\_  
d. Instruments away

- Colored scarves: a. \_\_\_\_\_  
b. \_\_\_\_\_  
c. \_\_\_\_\_  
d. Scarves away

### 8. Lullaby:

\_\_\_\_\_

### 9. Interactive Rhyme:

\_\_\_\_\_

### 10. Closing Segment:

- a. Can you kick with two feet?  
b. We're so happy that everyone is here